

SEPTEMBER

ADSS NUTRITION PROGRAM

SUMMER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
4	4	5	6	7
CENTERS CLOSED 	Menu 7 Orange Juice Teriyaki Chicken Strips (3) Fried Rice Parslied Baby Carrots Wheat Breadstick Margarine Fig Bar Milk	Menu 8 Meatloaf/Tomato Sauce Country Potatoes Mixed Greens Fresh Fruit Cornbread Margarine Raspberry Gelatin Milk/Buttermilk	Menu 9 BBQ Rib Patty Black-eyed Peas Broccoli with Cheese Baked Potato Salad Hamburger Bun Marble Cake Milk	Menu 10 Apple Cherry Juice Hot Dog/Bun Baked Beans Coleslaw/carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk
11	11	12	13	14
Menu 11 Grape Juice Chicken Tetrazzini Italian Green Beans with Peppers Rutabagas Whole Wheat Bread Margarine Chocolate Marshmallow Pie Milk	Menu 12 Apple Juice Ham and Potato Casserole Mustard Greens Okra and Tomatoes Cornbread Margarine Chocolate Cake/Whipped Topping Milk/Buttermilk	Menu 13 Hamburger/Bun Baked Beans Corn Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk	Menu 14 Zesty Meatballs (3) Buttered Rice Parslied Carrots Fresh Fruit Texas Bread Margarine Banana Pudding Milk	Menu 15 Blended Juice Baked Chicken Thigh Macaroni and Cheese Green Peas Wheat Breadstick Margarine Cherry Fruited Gelatin Milk
18	18	19	20	21
Menu 16 Orange Juice Sausage Patty (2) Hashbrown Casserole Hot Spiced Apples Biscuit Margarine/Jelly Whole Grain Bran Flakes Milk	Menu 17 Spaghetti Casserole Green Beans Tossed Salad/Ranch Dressing Fresh Fruit Texas Bread Margarine Fudge Round Milk	Menu 18 Apple Juice Honey Baked Chicken Breast Parslied Potatoes Turnip Greens Cornbread Margarine Strawberry Swirl Pudding Milk/Buttermilk	Menu 19 Smoked Sausage/Bun Lima Beans Garden Vegetables Sliced Peaches Diced Onions Mustard/Ketchup Yellow Cake Milk	Menu 20 Taco Salad: Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Sour Cream Orange Gelatin/Pineapples Milk/Chocolate Milk
25	25	26	27	28
Menu 1 Chop Steak/Gravy Whipped Potatoes Green Peas Fruit Cocktail Wheat Bread Margarine Nutty Buddy Milk	Menu 2 Cranberry Juice Mesquite Chicken Drumstick Whipped Sweet Potatoes Spinach Wheat Bread Margarine Oatmeal Crème Pie Milk	Menu 3 Orange Juice Chicken Broccoli Rice Casserole Country Corn Crowder Peas Whole Wheat Bread Margarine White Cake Milk	Menu 4 Turkey/Cheese Sandwich Sliced Turkey/Cheese - 2 slices ea. Wheat Bread - 2 Lettuce/Tomato Mayonnaise/Mustard Potato Chips Three Bean Salad Fresh Fruit Milk	Menu 5 Apple Juice Chicken and Dumplings Field Peas with Snaps Cornbread Margarine Gingerbread Cookie Milk/Buttermilk
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